### Annexure -I

# Syllabus of written test

# Bridge Programma for Conditioned in Conducting Health (BPCCIA)

## Foundations of Community Health

- 1. Introduction to Public Health and Epidemiology
  - a. Concepts Of Community Health
  - b. Health Care Planning and Organisation of Health Care at Various Levels Environmental Health and Sanitation.
  - c. Introduction to Epidemiology-Epidemiological Approaches and Processes
  - d. Demography, Surveillance and Interpretation Of Data
  - Bio-Medical Waste Management and Infection Control

#### 2. Nutrition

- a. Introduction to Nutrition and Nutritional Assessment
- b. Nutrition During Pregnancy and Lactation Nutrition For Infant, Child, Adolescent And Elderly
- c. Nutritional Deficiency Disorders
- d. Food Borne Diseases And Food Safety

### 3. Communicable Diseases and Management Under National Health Programme

- a. Epidemiology of Specific Communicable Diseases
- b. Communicable Diseases 1 Vector Borne Diseases
- Communicable Diseases 2 Infectious Diseases
- Communicable Diseases 3 Zoonotic Diseases

### 4. Non-Communicable Diseases and Management Under National Health Programme

- 1 Epidemiology of Specific Non-Communicable Diseases
- 2 Non-Communicable Diseases-1
- 3 Non-Communicable Diseases-2
- 4 Occupational Diseases and their Prevention
- 5 Mental Health and Substance Abuse Disorders
- 6 Elderly Care

### 5. Communication, Management and Supervision

- 1 Behaviour Change Communication Skills and other Soft Skills
- 2 Work Management and Administration
- 3 Leadership, Supervision and Monitoring
- 4 Health Management Information System
- 5 Financial Management, Accounts and Computing at Sub-Centre
- 6 Records and Reports

# Primary Health Care in Common Conditions

# 1. Management of Common Conditions and Emergencies Including First Aid

- 1 Common Conditions-1- Gastro Intestinal System
- 2 Common Conditions-2- Respiratory System
- 3 Common Conditions-3- Heart, Urinary System and Blood Disorders
- 4 Common Conditions-4- Eye, Ear, Nose and Throat
- 5 First Aid in Common Emergency Conditions
- 6 Disaster Management

#### 2. Maternal Health

- 1 Introduction to Rmnch+A Programme
- 2 Antenatal Care
- 3 Intranatal Care
- 4 Early Identification, Management and Referral of Complications
- 5 Postpartum Care

### 3. Reproductive Health and Adolescent Health

- 1 Gynaecological Conditions
- 2 Family Planning Methods, Spacing Techniques and Counselling
- 3 Medical Abortion and MTP Act
- 4 Counselling in Reproductive and Sexual Health Including Problems of Adolescents
- 5 Management of Teenage Pregnancies

#### 4. Newborn and Child Health Care

- 1 Essential Care of New Born at Birth
- 2 Management of Common Neonatal and Child Health Problems
- 3 Integrated Management of Neonatal and Childhood Illness
- 4 Introduction to Rashtriya bal Swasthyia Karyakaram
- 5 Universal Immunisation Programme (UIP)

### 5. Overview of Common Surgical Conditions

- 1 Common Surgical Conditions-1
- 2 Common Surgical Conditions-2
- 3 Congenital Malformations
- 4 Screening for Common Cancers

### 6. Essential Drugs

- 1 Essential Drugs-1
- 2 Essential Drugs-2
- 3 Essential Drugs-3